523 CMR 3.00: BOXING OR SPARRING MATCHES AND EXHIBITIONS

3.03: Physical and Medical Examinations and Tests

(1) All boxers licensed in the Commonwealth shall undergo the physical and medical examinations and tests set forth below. In addition, the Commission or a Commission physician shall have the discretion at any time to order a boxer to undergo any physical and medical examination or test that may be advisable to protect the boxer's physical health and safety. During such examinations and tests, boxers and managers must reveal all vital facts relating to the boxer's physical condition to the Commission or Commission physician. Concealing any vital facts shall be cause for suspension and revocation of license.

(2) License Examinations.

- (a) All professional and amateur boxers shall undergo an electro-cardiographic and opthalmological examination, as well as an HIV test, not more than ten days before applying for or renewing a license. All examination and test results, together with the reports of the physicians, hospitals and clinics, shall accompany the boxer's application and be kept on file at the office of the Commission. The HIV test results shall be held subject to, and handled consistent with, all confidentiality rules relating to HIV tests. All professional and amateur boxers shall submit to a medical test for drug usage (either urinalysis or blood testing) when required by the Commission physician.
- (a) As a prerequisite to licensure or renewal of a license, a boxer shall provide documentation demonstrating that they:

All fighters:

- (1) have undergone a complete physical examination (including neurological and cardiac testing) within one year of the date of the application;
- (2) have undergone an electrocardiogram (EKG) within one year of the date of the application;
- (3) have tested negative for HIV, Hepatitis BsAG, and Hepatitis Cab within six months of the date of the application;
- (4) have undergone a dilated eye examination by an optometrist or ophthalmologist within one year of the date of application. No person who has undergone LASIK surgery will be licensed;
- (5) have undergone a brain CT, brain MRI, or neurological examination performed by a neurologist or neurosurgeon within five years of the date of application;
- (6) have filed a medical release form (HIPPA) with the Commission;

Women fighters:

- (7) have undergone a gynecological examination within one year of the date of the application (may be part of the annual physical);
- (8) are not pregnant at least one day prior to the scheduled fight;
- (b) Whenever the Commission feels it is warranted, the Commission may require a boxer to undergo a psychometric study, an electro-encephalographic examination, or any other medical test to determine his medical or physical fitness to box. The medical experts conducting these studies, examinations, and tests shall submit their findings, together with their written opinion of whether the individual should continue to box, to the Commission. The examined boxer shall not participate in any exhibition unless and until the Commission has considered these findings, results and opinions, and expressly approved his resumption of boxing.
- (c) At the discretion of the Commission, either before or after a match, a boxer may be required to undergo a test for use of illegal drugs or other performance enhancing substances. Failure of a fighter to cooperate shall be grounds for immediate suspension or revocation of their boxer's license and may result in forfeiture of a related match. Similarly, if a fighter tests positive for any controlled substance or illicit performance enhancing substance, it shall be grounds for immediate suspension or revocation of their boxer's license and may result in forfeiture of a related match.

(3) Pre-Fight Weigh-In and Physical Examination

(a) The Commission must personally weigh-in the boxers on the day within thirty-six hours of a contest. The Commission shall determine the time of the weigh-in and physical examination, which shall take place no later than 8:00 p.m. on the day of the contest. The Commission and promoter shall mutually agree on a site for the weigh-in and physical examination. The promoter shall schedule the site, date, and time for the weigh-in and physical examinations which shall be subject to the approval of the Commission. At the time of the scheduled match, no fighter's weight shall exceed ten pounds of their weight officially recorded at the weigh-in.

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